Let’s chat.
Who are ChemREFS?

- Our mission is to **improve the graduate student experience** in MIT Chemistry by serving as a confidential resource for graduate students, faculty, and staff.
- We are a **student group tasked with reducing friction and stress for chemistry students**.
- We are trained on strategies for identifying and handling conflict.
- We are informed about and experienced with resources on campus that are available to students experiencing conflict.
- 10 graduate students (bio x 1, physical x 2, organic x 4, inorganic x 2)
What do ChemREFS do?

• **We raise department-wide issues** during our annual meetings with the department head and faculty REFS.

• **We meet students one-on-one**, and we hold “office hours” through our ChemConvos program.

• **We contact students at milestones** in the graduate program to offer support—during group selection, oral exams, proposals.

• **We host events targeted at minimizing stress.** We have co-hosted events with CGSC and we have started working with WIC on a series of events focused on diversity and inclusion in the department.
How to reach us

• Sign up anonymously for a block of time during our ChemConvos office hours for a private session.

• Have a coffee on us! Contact a chemREFS at any time to chat. All our contact info can be found on our website (chemrefs.mit.edu), or email all of us at chemrefs@mit.edu.

• Attend our events and talk to us under a more informal setting with your friends.

• If you receive an email from us offering to chat, please don’t hesitate to take us up on it!

What can we talk about?

• Anything! We’re here to listen, and we want to hear from you.

• ChemREFS might be a good “first stop” in your conflict management. We can direct you to numerous other campus resources available for graduate students.